



TOWER HILL BOTANIC GARDEN

# Events & Programs

SEPTEMBER / OCTOBER / NOVEMBER  
2019



## MEMBER *Guest Day*

MONDAY, NOVEMBER 4

It's nice to share! Each member cardholder will be allowed to bring one additional guest with them for free general admission.

*For details, visit [towerhillbg.org](http://towerhillbg.org)*

## TOWER HILL BOTANIC GARDEN

11 FRENCH DRIVE P.O. BOX 598  
BOYLSTON, MASSACHUSETTS 01505

### **Gardens**

Open 10AM–5PM  
Daily

### **Farmer and the Fork Café The Garden Shop & Library**

Visit [towerhillbg.org](http://towerhillbg.org) for more information and hours

### **Contact Us**

508.869.6111  
[thbg@towerhillbg.org](mailto:thbg@towerhillbg.org)

FALL 2019



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Dear Friends of Tower Hill,

This year, the fall garden at Tower Hill will bring more than just colorful leaves. We are welcoming more visitors than ever before and offering even more fascinating programs. In response to a member survey, we created a lineup of classes and events that are fun, educational, and a little out of the box. This fall, we will offer not only four dazzling plant and flower shows – featuring carnivorous plants, dahlias, begonias & gesneriads, and ikebana – but also an enchanted garden and, believe it or not, robots! In addition, I'm happy to announce our member appreciation events. There will be a member guest day, when each cardholder can bring a friend to visit Tower Hill free of charge, and then Member Appreciation Weekend, when members receive a double discount at our Garden Shop. I can't wait for members and new visitors alike to connect with plants through our garden displays and programs!

Grace C. Elton  
CHIEF EXECUTIVE OFFICER  
TOWER HILL BOTANIC GARDEN

## AARP MEMBER DAYS AT TOWER HILL

On Tuesdays in September, AARP members and up to five guests can gain free admission to Tower Hill Botanic Garden. The entire group of up to six people must arrive in one vehicle and mention the code "FUN50" at the welcome gate.

For details, visit [towerhillbg.org](http://towerhillbg.org)

## moments in motion

SATURDAY  
SEPTEMBER 14, 2019  
4PM – 7PM

This year, at Tower Hill's annual fundraising event, toast the end of summer with a joyful afternoon in the iconic Lawn Garden, featuring botanical tours, live entertainment, lawn games, and seasonal small plates against the backdrop of George Sherwood's mesmerizing sculptures.

*The Lawn Garden will be closed to the public on September 14. Tickets are required for this event. For more information, visit [towerhillbg.org/momentsinmotion](http://towerhillbg.org/momentsinmotion)*

Wind Orchid by George Sherwood

## PLANT SHOWS

These competitive shows feature brilliant blooms, fascinating foliage, and the chance to learn from expert growers.

### New England Carnivorous Plant Society Show & Sale

Saturday, September 7, 10AM–5PM  
Sunday, September 8, 10AM–3PM

### Buxton Branch of the American Begonia Society & the New England Chapter of the Gesneriad Society Show & Sale

Saturday, September 21, 12PM–5PM  
Sunday, September 22, 10AM–4PM

### New England Dahlia Society Show

Saturday, September 28, 1–5PM  
Sunday, September 29, 10AM–3PM

### Boston Chapter of Ikebana International Show

Friday, October 4, 10AM–5PM  
Saturday, October 5, 10AM–5PM  
Sunday, October 6, 10AM–4PM



## GARDEN SHOP EVENTS

### 4th Annual American Craft Fair at Tower Hill

IN COLLABORATION WITH THE WORCESTER CENTER FOR CRAFTS

Saturday, October 19 & Sunday, October 20, 10AM–4PM

More than 30 juried artists representing the finest in American craftwork. For details, visit [towerhillbg.org/american-craft-fair](http://towerhillbg.org/american-craft-fair) INCLUDED WITH ADMISSION

### Evening of Shopping

Saturday, November 9, 4–7PM

Join us for an early start to your holiday shopping. We have invited some of our favorite local artists and makers to offer their handmade wares for sale. Members will enjoy a double discount\* on their Garden Shop purchases. No admission is charged for this event; please bring a friend!

\* You must be the named cardholder to receive the member discount. No additional discounts on artwork or sale items.

### Member Appreciation Weekend

### Small Business Saturday & Museum Store Sunday

Saturday, November 30 & Sunday, December 1

REGULAR ADMISSION: 11AM–3PM

TICKET REQUIRED DURING NIGHT LIGHTS HOURS: 4–10PM

The Garden Shop is celebrating Tower Hill members with a weekend of double discounts on your purchases.\* We appreciate your generous support throughout the year. All proceeds from Garden Shop purchases benefit the gardens and organization. Thank you for choosing to support nonprofit retail and find wonderful, unique gifts at the same time.



# ENCHANTED GARDEN

Experience the magic and mystery of autumn in the Garden. Let your imagination soar as you explore our dazzling gardens and conservatories featuring botanical fairy houses and gnome homes. Immerse yourself in a storybook realm and pose with life-size wings or delight in classes and events for all during this spectacular season.

## Events

### Autumn Spirits

Saturday, October 12 – Monday, October 14, 10AM–4PM

Enjoy the fall foliage, beer garden with local fare, fairyland market, face painting by Faerie Tribe, activities, workshops for kids & adults, and more during this fairy-tale weekend.

### Ghouls in the Garden

Saturday, October 26, 11AM–3PM

CHILDREN'S PARADE: 11AM / DOG PARADE: 1PM

Join us for Tower Hill's haunted Halloween spectacular. Kick the day off with a children's costume parade full of tricks and treats. Stay for pumpkin painting and our Haunted Hounds doggy parade in the afternoon.

### Gnomevember

Throughout November

Seekers of all ages are invited to discover all of the unique and charismatic gnomes hidden throughout Tower Hill's property during this fun November scavenger hunt.

## Programs

 SEE PROGRAM LISTINGS FOR DETAILS.

### Fairy Houses and Gnome Homes | Ages 5+

Saturday, October 12, 10:30AM–12PM

### Gnome and Fairy Wands | Ages 4-8

Saturday, November 16, 10:30AM–12PM

### Hands-On with Tower Hill Treasures: Myths & Legends | Adults

Saturday, October 12 & Sunday, October 13, 1:30–2:30PM

### Fairy House and Garden in a Basket | Adults

Sunday, October 13, 1:30–4PM

## Displays

IN THE MILTON GALLERY

### Wings

September 16 – November 10

Spread your wings as a bird, butterfly, or fairy in this exhibit featuring larger-than-life-size artistic renderings of wings.

IN THE ORANGERIE AND GARDENS

### Fairy Houses

September 16 – November 10

Enter a magical garden full of fairy houses and gnome homes in the Orangerie and the Inner Park and enjoy a fairy-story walk through the woods.

# GROWBOTS

OCTOBER 1 – NOVEMBER 10



It's alive! Plants and robots interact in this groundbreaking exhibition of cyborg inventions created by Harpreet Sareen, professor at the Parsons School of Design. See technology designed for plants instead of people, with robots that read and respond to electrical signals from plants. INCLUDED WITH ADMISSION

### Design with Nature

 HARPREET SAREEN

Join award-winning scientist, artist, and educator Harpreet Sareen to learn how he designs systems that are placed in conjunction with plant capabilities and powered naturally.

Saturday, October 12, 2–3PM

INCLUDED WITH ADMISSION

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# NIGHT LIGHTS

NOVEMBER 29 – DECEMBER 30

Member tickets go on sale October 1.

Non-member tickets go on sale October 15.

Celebrate the season with enchanting landscapes, fun experiences, and thousands of lights. Enjoy seasonal fare and spirits, visit our Garden Shop for unique gift ideas, or give the gift of four-season membership.

Pre-purchased special event tickets are required for entry after 4PM.



# WINTER WONDERLAND

NOVEMBER 29 – DECEMBER 30

Join us during the day for family fun including crafts, story time, lunch, and more. Enjoy everything we have to offer, inside and out. See our calendar for a full schedule of activities. Regular admission rates accepted at our entry gate apply for daytime visitation.

For more information, visit [towerhillbg.org](http://towerhillbg.org)

# Program Registration

Pre-registration is recommended for most programs. Fees include Garden admission for non-members unless otherwise noted. Visit our website for details and policies. Members receive discounts on programs. Join today!

[towerhillbg.org](http://towerhillbg.org) | 508.869.6111 x124 | [registrar@towerhillbg.org](mailto:registrar@towerhillbg.org)

M = Member NM = Non-member

## ADULT PROGRAMS

### Programs by Request

Private programs are led by Tower Hill instructors at your site or ours. Learn more on our website.

## Horticulture & Gardening

### It's All About the Soil

BEN BARKAN  
Learn what it takes to develop and maintain soil that produces a nutritious and plentiful harvest.

Thursday, September 5, 6-8PM

\$26 M; \$31 NM

### Bog-Building Workshop

LAUREN SITTERLY  
Build a complete miniature bog with four temperate carnivorous plants in a 10" bowl. Learn about the plants, how to build a bog, and how to take care of it.

Saturday, September 7, 3-4:30PM

Sunday, September 8, 1:30-3PM

\$45 M; \$59 NM (FEE INCLUDES MATERIALS)

### Good Food Revolution Book Discussion

ALENA MCNAMARA

Come down to the Tower Hill Library for a discussion of the urban farming book *Good Food Revolution: Growing Healthy Food, People, and Communities*.

Thursday, September 19, 11AM-12PM

INCLUDED WITH ADMISSION (REGISTRATION REQUESTED)

### Native Grasses for Garden Interest

LESLIE DUTHIE

Explore some native ornamental grasses that can be lovely in our gardens and provide habitat for wildlife too.

Thursday, September 19, 6-8PM

\$26 M; \$31 NM

### Growing Blue-Ribbon Begonias & Gesneriads

BETSY SZYMCAK & PHYLLIS SAVAGE

Join us for a discussion of how gesneriads and begonias are judged, followed by a walk-through of the Begonia & Gesneriad Show. Learn what it takes to earn a blue ribbon.

Saturday, September 21, 2-3PM

INCLUDED WITH ADMISSION

### Garlic & the Flowering Alliums

BETSY WILLIAMS

Learn how to grow and use garlic, queen of the kitchen, and her strikingly beautiful cousins, the flowering alliums. Go home with cold-hardy garlic and allium bulbs to plant.

Wednesday, September 25, 10:30AM-12:30PM

\$50 M; \$64 NM

### Restoring the Harrington Apple Orchard

MARK RICHARDSON

Horticulture Director Mark Richardson will discuss the restoration of Tower Hill's Harrington Orchard and its Davenport Collection of pre-20th century heirloom apples.

Thursday, September 26, 6:30-8PM

INCLUDED WITH ADMISSION

### Master Tree Steward Training

FORESTRY AND HORTICULTURE PROFESSIONALS

Learn the skills essential to urban and community forestry and become tree stewards in your community. Topics covered include basic pruning techniques and safety, tree identification and biology, proper tree planting and care, tree pests and diseases, tree health assessment, and urban soil challenges. To complete this program, participants must commit to volunteering for at least 20 hours in the urban forest of Worcester or at Tower Hill Botanic Garden.

Coordinated by Worcester Tree Initiative.

FIVE-WEEK SERIES: Wednesday, October 2-30, 6-9PM \$150 M; \$175 NM

### Worcester Victory Gardens

COMMUNITY GARDEN HISTORY PROJECT

Learn about the WW II Victory Gardens in Worcester and bring your own knowledge to share!

Thursday, October 10, 6-7PM

INCLUDED WITH ADMISSION (REGISTRATION REQUESTED)

### Growing and Using Herbs Year-Round

MELISSA PACE

Smell and taste a variety of herbs while learning how to grow, use, and preserve them. Take home a small pot planted with seeds of easy-to-grow herbs.

Thursday, October 10, 6:30-8:30PM

\$26 M; \$29 NM

### Cultivating Grapes for Eating, Wine, and Juice

J. STEPHEN CASSLES

Learn how to select, cultivate, and harvest disease-resistant and cold-hardy grapes that grow well in New England, while tasting wines made from some of these grapes. Must be age 21 or older.

Saturday, October 12, 1:30-3:30PM

\$30 M; \$44 NM (FEE INCLUDES TASTINGS)

### Forcing Bulbs for Indoor Display

MATT TETREAU

Learn the basics of forcing bulbs and layer a mix of daffodil, tulip, hyacinth, and grape hyacinth in an 8" pot for a beautiful display.

Thursday, October 17, 6:30-8PM

Thursday, October 31, 1-2:30PM

\$35 M; \$45 NM (FEE INCLUDES MATERIALS)

### Winterizing Your Roses

TERESA MOSHER

Learn tips for choosing hardy roses, fertilizing, fall rose care, and winter protection. Go home with a copy of Mosher's month-by-month guide, complete with tips on tools and resources.

Friday, October 18, 11AM-12:15PM

\$25 M; \$39 NM (FEE INCLUDES A COPY OF

A YEAR IN MY ROSE GARDEN)

### Beginning Tropical Bonsai

JOEL MULLEN  
Learn all you need to get started in bonsai as you create your own to take home.

Thursday, October 24, 6:30-8:30PM

\$75 M; \$85 NM (FEE INCLUDES MATERIALS)

### Hydrangea Success

MAL CONDON  
Learn best practices for growing hydrangeas successfully in your gardens. Sponsored by the New England Hosta Society

Saturday, October 26, 2-3PM

INCLUDED WITH ADMISSION

### Seed Collecting

LESLIE DUTHIE  
Learn techniques for collecting, storing, and stratifying seed to increase your plant collection.

Saturday, November 2, 1:30-4:30PM

(RAIN DATE NOVEMBER 3)

\$39 M; \$53 NM

### Grow Microgreens

LISA EVANS & TIM SMITH  
Learn to grow microgreens with the cofounders of We Grow Microgreens, LLC. Observe and discuss growth cycle, nutrient properties, and health benefits of microgreens. Sample microgreens and take home growing samples.

Sunday, November 3, 12:30-3:30PM

\$55 M; \$69 NM (FEE INCLUDES MATERIALS)

### Pruning Basics

DEREK LIRANGE  
Learn the fundamentals of pruning techniques and tools for woody plants.

Thursday, November 7, 10:30AM-12:30PM

\$26 M; \$36 NM

### Bonsai Styling

JOEL MULLEN  
Does your bonsai tree need some work? Bring it in for styling, wiring, and pruning.

Thursday, November 7, 6:30-8:30PM

\$36 M; \$46 NM (FEE INCLUDES WIRE)

### Urban Tree Symposium - Save the Date!

Join us as experts in the field explore the importance of our urban forests as well as ways we can help to nurture and care for urban trees.

Thursday, February 6, 2020, 8:30AM-4:30PM

## Garden Design

### Stone Wall Building

JIM BAKER  
Explore the ins and outs of dry stone wall construction with an experienced craftsman.

TWO-DAY WORKSHOP: Wednesday, September 11,

6-8:30PM & Saturday, September 14, 10AM-2PM

\$65 M; \$79 NM

### Edible Garden Design

BEN BARKAN  
Learn how to design attractive, productive gardens filled with both ornamental plants and nutrient-dense edibles.

Thursday, September 12, 6-8PM

\$26 M; \$31 NM

### Shade Gardens

CHERYL SALATINO  
We'll explore how to infuse more color, adventure, and intrigue into our shade gardens. This program blends site-specific assessment, design strategies, and plant options to help enliven our imagination for those shady spots.

Thursday, October 3, 6-9PM

\$39 M; \$47 NM

# Trips & Tours

## Weekend Guided Tours of Tower Hill

Explore seasonal garden highlights on a docent-led tour.

**Saturdays & Sundays, 2-2:45PM**

INCLUDED WITH ADMISSION

## Garden Wisdom Wednesdays

Enjoy a themed garden tour with Tower Hill horticulture staff. INCLUDED WITH ADMISSION

**September 18, 2-3PM** Late-Season Color

**October 23, 2-3PM** Adding Fall Interest

**November 20, 2-3PM** Night Lights behind the Scenes

## Bedrock Gardens, Lee, NH

Travel to Bedrock Gardens in Lee, NH, notable for its plants, design, hardscape, and sculpture. Enjoy a garden tour followed by a picnic lunch and time to explore on your own.

**Saturday, September 21, 8AM-4PM**

\$125 M; \$150 NM (FEE INCLUDES TRANSPORTATION, ADMISSION, GUIDED TOUR, AND BOX LUNCH)

# Floral Design

## Flower Arranging with Begonias

MARY BETH HAYES

Begonia foliage adds a dramatic accent to a mid-fall floral design. Learn the basics of flower arranging using begonias and seasonal flowers.

**Saturday, September 21, 2:30-3:30PM**

\$35 M; \$49 NM (FEE INCLUDES MATERIALS)

## Sogetsu Ikebana

KAYE VOSBURGH

Practice this internationally recognized school of Japanese flower arranging.

**Thursdays, September 26 & October 24**

**9:30AM-12PM**

**Thursday, December 12, 11AM-1:30PM**

PER CLASS: \$35 M; \$49 NM

(FEE INCLUDES SOME MATERIALS)

## Be-YOU-tiful Flowers

KIRSTEN VANDIJK

Create floral designs with personal style. In every class, each student will create a finished design after watching an inspiring demonstration.

**THREE-WEEK SERIES: Thursdays, October 3, 10, & 17**

**10:30AM-12:30PM**

\$225 M; \$250 NM (FEE INCLUDES MATERIALS)

## Fairy House & Garden in a Basket

BETSY WILLIAMS

Using live plants and a variety of natural materials, build a charming, portable fairy house and garden.

**Sunday, October 13, 1:30-4PM**

\$65 M; \$79 NM (FEE INCLUDES MATERIALS)

## Sunflowers & Magic

BETSY WILLIAMS

Combine the vibrant hues of autumn flowers with accents of ancient Halloween herbs to create a truly magical centerpiece.

**Wednesday, October 23, 10:30AM-12:30PM**

\$75 M; \$89 NM (FEE INCLUDES MATERIALS)

## Thanksgiving Candle Ring

BETSY WILLIAMS

Decorate your Thanksgiving table with a lush wreath of boxwood, flowers, and berries accented with seasonal fruits, vegetables, nuts, and preserved leaves. The center of the ring can comfortably hold candles or a compote.

**Sunday, November 24, 12:30-3PM**

\$80 M; \$94 NM (FEE INCLUDES MATERIALS)

## Gardeners' Wreath Workshops

KAREN PERKINS

Design a beautiful botanical wreath that highlights the variety and splendor of local evergreens.

**Friday, November 29, Saturday, November 30,**

**Sunday, December 1, 11:30AM-2:30PM**

PER CLASS: \$70 M; \$80 NM (FEE INCLUDES MATERIALS)

# Art & Craft

## Botanical Mixed Media:

### Fibonacci Patterns

CAROL SCHWARTZ

Learn about the Fibonacci pattern in the seeds of a sunflower or the petals of a zinnia and then paint them using either watercolors or colored pencils or a combination of both.

**TWO-DAY WORKSHOP: Thursday, September 12 &**

**Friday, September 13, 10:30AM-4:30PM**

\$156 M; \$170 NM

## Panoramic Photography

STEVE MCGRATH

Learn how to create beautiful panoramic images by taking multiple images and then combining them in Photoshop. Please bring a camera with manual settings, a tripod if you have one, and a laptop with any version of Photoshop.

**Saturday, September 14, 10:30AM-2:30PM**

\$56 M; \$69 NM

## Advanced Zentangle

KAREN KEEFE

Intended for those familiar with the basic concepts and practices of Zentangle, this class will focus on more complex techniques and different media.

**Sunday, September 15, 1:15-4:45PM**

\$45 M; \$59 NM (FEE INCLUDES MATERIALS)

## Eco Printing

PINAL MANIAR

Experience the magic that happens when plants, water, and heat interact with natural fibers to create one-of-a-kind imprints. Go home with a silk scarf and linen and cotton squares suitable for framing.

**Friday, September 27, 9:30AM-1:30PM**

\$72 M; \$86 NM (FEE INCLUDES MATERIALS)

## Botanical Fashion: Floral T-Shirts

CANDACE HERNANDEZ

Inspired by your favorite botanicals, learn how to decorate textiles by stenciling and hand-painting designs on them to create a wearable work of art. Please bring a shirt to decorate.

**Sunday, September 29, 11AM-4PM**

\$80 M; \$90 NM (FEE INCLUDES MATERIALS EXCEPT SHIRT)

## Hands-On with Tower Hill Treasures:

### Myths and Legends

ALENA MCNAMARA

Learn about plant- and garden-themed myths and legends told through beautiful historic illustrations, statues, and more in Tower Hill's Nonliving Collections.

**Saturday, October 12, 1:30-2:30PM**

**Sunday, October 13, 1:30-2:30PM**

INCLUDED WITH ADMISSION (REGISTRATION REQUIRED)

## Photography Special Effects

STEVE MCGRATH

Have some fun with your garden photos and discover how to create great special effects. Learn how to add depth to landscape images, "star" the sun, use the zoom technique, create panoramic images, and more. Bring your camera equipment to this class.

**Saturday, October 26, 10:30AM-3:30PM**

\$70 M; \$84 NM

## Drawing Fall Gourds with

### Colored Pencils

CAROL SCHWARTZ

Using fall gourds as subject matter, refine your technique of layering colored pencils to achieve beautiful, realistic botanical art.

**Sunday, October 27, 10:30AM-4:30PM**

\$80 M; \$90 NM

## Hands-On with Tower Hill Treasures:

### Creepy!

ALENA MCNAMARA

Spiders, caterpillars, and other creepy-crawlies will emerge from Tower Hill's Nonliving Collections on Halloween weekend in this program with Librarian Alena McNamara.

**Sunday, October 27, 1:30-2:30PM**

INCLUDED WITH ADMISSION (REGISTRATION REQUIRED)

## Zentangle-Inspired Art

KAREN KEEFE

Create two different Zentangle-decorated art pieces for holiday gifts.

**Sunday, November 3, 1:15-4:45PM**

\$45 M; \$59 NM (FEE INCLUDES MATERIALS)

## Botanical Embroidery

PINAL MANIAR

In this contemporary approach to embroidery, you will translate inspiration from the botanic garden into a finished piece for your wall.

**Saturday, November 9, 9:30AM-4PM**

\$99 M; \$109 NM (FEE INCLUDES MATERIALS)

## Adobe Photoshop Lightroom

STEVE MCGRATH

Discover some of the mysteries of Lightroom, a fantastic tool for any digital photographer who needs to edit and manage images quickly.

**Saturday, November 16, 10:30AM-2:30PM**

\$56 M; \$70 NM

# Nature Studies

## Bark: Get to Know Your Trees

MICHAEL WOJTECH

In this indoor/outdoor program, learn how to notice the detailed characteristics of bark, use them to identify tree species, and discover the function and beauty of bark's abundant variety.

**Sunday, November 3, 12:45-3:45PM**

\$42 M; \$56 NM

# Wellness

## Yoga in the Garden

MANDI GARRISON

Enjoy gentle-to-moderate flow yoga in a class for all levels. Please bring your own mat. Walk-ins welcome.

**Thursdays, 6-7:15PM, through October 24**

PER CLASS: \$10 M; \$17 NM

## Outdoor Boot Camp

WILL DALE

Enjoy a total body workout for all abilities. This class will be high-intensity interval training, including stretching, running, pushups, air squats, and more.

**Tuesdays, September 10 - October 15, 9-10AM**

PER CLASS: \$13 M; \$17 NM

## Wild Herb Medicine Walk

AMBER KENNEDY

Join folk herbalist Amber Kennedy on an informative plant identification walk covering the folklore of wild plants with a special focus on their medicinal benefits, including historical as well as modern-day uses.

**Saturday, September 14, 10:30AM-12:30PM**

\$26 M; \$40 NM

## Healing with Nature: Forest Bathing

NADINE MAZZOLA

This simple yet profound practice combines mindfulness practices, sensory awareness, and nature.

**Saturday, September 21, 9:30AM–12:30PM**

**Friday, October 25, 9:30AM–12:30PM**

PER CLASS: \$36 M; \$50 NM

## Cultivating the Path of Self-Care

REBECCA D'ONOFRIO

This series will focus on the art of self-care, incorporating yoga, meditation, and wellness practices to help you increase your health, happiness, and wellbeing. This series includes five weekly classes, a workbook, guided recordings, and a certificate of completion.

**FIVE-PART SERIES: Wednesdays, October 9 – November 6, 6–7:30PM**

\$125 M; \$140 NM (FEE INCLUDES WORKBOOK AND GUIDED RECORDINGS)

## Wellness Mini-Retreat

REBECCA D'ONOFRIO  
Join Rebecca for this soothing retreat. She will guide you through calming meditation, gentle yoga, and deep rest to open, refresh, and balance your mind and body.

**Saturday, November 2, 10:15AM–12:15PM**

\$30 M; \$44 NM

## Horticultural Therapy 101

LORRAINE LEE  
Educators, health care professionals, and caregivers will learn the benefits and fundamentals of horticultural therapy.

**Saturday, November 9, 10:15AM–4:15PM**

\$85 M; \$95 NM (FEE INCLUDES MATERIALS)

## Bitters & Tinctures for

Health and Wellness

AMBER KENNEDY  
Learn how to create herbal bitters for digestive health and for use in craft cocktails and mocktails. Discover the history and benefit of bitters from the apothecary to the bar. Sample teas, bitters, and an herbal mocktail—and make your own bottle of herbal bitters to take home.

**Sunday, November 10, 12:30–3PM**

\$45 M; \$59 NM (FEE INCLUDES MATERIALS)

## Art Exhibits

IN THE LIBRARY

### Horticultural Heroes

Missed seeing our Horticultural Heroes art exhibit in the Milton Gallery this spring? Come on down to the Tower Hill Library to view the show.

**Through September 30**

IN THE GARDENS AND CONSERVATORIES

### Wind, Waves & Light: Art in Motion by George Sherwood

This unconventional exhibition features large stainless steel sculptures that move and change with the wind. An artist and engineer, Sherwood creates kinetic sculptures that evoke shimmering leaves and waves of light on water. **Through October 14**

IN THE MILTON GALLERY

### Botanical Tattoo Art Exhibit

See stunning botanical artwork in this show featuring tattoo artists from around the world.

**July 10 through September 15**



# YOUTH & FAMILY PROGRAMS

© N. MEDARD

## Kids Workshops

### Magical Mini Gardens | Ages 5+

BETSY SYZMAK & PHYLLIS SAVAGE  
Create your own miniature dish garden for your favorite magical friend.

**Sunday, September 22, 2–3PM**

M: \$10 CHILD, \$0 ADULT  
NM: \$15 CHILD, \$15 ADULT

### Ikebana for Kids | Ages 7+

Learn the basics of this ancient tradition and create a unique arrangement to take home.

**Saturday, October 5, 1–2PM**

M: \$0 CHILD, \$0 ADULT  
NM: \$5 CHILD, \$15 ADULT

### Fairy Houses & Gnome Homes | Ages 5+

Create a magical fairy house or gnome home using all-natural materials.

**Saturday, October 12, 10:30AM–12PM**

M: \$23 CHILD, \$0 ADULT  
NM: \$28 CHILD, \$15 ADULT

### Scribble Bots | Ages 8+

Put your maker skills to the test and create your very own scribble bot.

**Saturday, October 26, 10:30AM–12PM**

M: \$20 CHILD, \$0 ADULT  
NM: \$25 CHILD, \$15 ADULT

### Gnome & Fairy Wands | Ages 4–8

Create your own magical gnome or fairy wand and cast a spell on the gardens.

**Saturday, November 16, 10:30AM–12PM**

M: \$10 CHILD, \$0 ADULT  
NM: \$15 CHILD, \$15 ADULT

### Pinecone Wreath Workshop | Ages 6+

Create a colorful pinecone wreath or centerpiece to decorate your home.

**Saturday, November 23, 10:30AM–12PM**

M: \$15 CHILD, \$0 ADULT  
NM: \$20 CHILD, \$15 ADULT

## Family Fun

### Garden Discoveries | Ages 3–5

Join us for a story, craft, and short walk. Each week we explore a different, seasonally appropriate theme.

**Wednesdays, 10:30–11:30AM**

INCLUDED WITH ADMISSION

### Learn and Grow | All Ages

Drop in to the Youth Garden for hands-on experience.

**Saturdays in September, 1–3PM**

INCLUDED WITH ADMISSION

### Storytime | All Ages

Join us for a half hour of stories about plants, animals, the seasons, and more!

**Mondays, September 2, 16, & 30, October 14 & 28, November 11 & 25, 10:30–11AM**

INCLUDED WITH ADMISSION

### Little Seedlings | Ages 0–3

Join us and use your senses to explore the wonderful world of plants.

**Tuesdays, September 3, October 1,**

**& November 5, 10:30–11:30AM**

INCLUDED WITH ADMISSION

### Fall Foliage Family Hike | All Ages

Join us as we explore the colors of autumn and collect some of your favorite fallen leaves to create a simple craft.

**Saturday, October 5, 10:30AM–12PM**

M: \$3 CHILD, \$4 ADULT; NM: \$8 CHILD, \$19 ADULT

### Discovery Backpacks | Ages 3+

Borrow a Discovery Backpack filled with tools and activities for exploring the gardens and grounds!

INCLUDED WITH ADMISSION

## School & Youth Group Programs

We offer a range of educational programs to engage children of all ages in hands-on experiential learning. Learn more on our website.